



## PASTORAL VISITING: AN INTRODUCTORY SEMINAR FOR ANYONE INTERESTED

### Christian Caring: Understanding Pastoral Care (AN IN PERSON ONLY SEMINAR)

(An introductory day on the basics. This will not make you a pastoral visitor but peak your interest to become one.)

**Date:** Saturday, April 6, 2024 (8:30 – 17:00)

**Location:** All Saints by the Lake, 865 ch. Bord-du-Lac–Lakeshore, Dorval, H9S 2C7

**Leaders:** Rev. Jennifer Bourque, CASC/ACSS certified spiritual care practitioner  
Rev. Jesse Dymond, Chaplain, Bishop's University and Champlain Regional College

### Objective

By the end of the morning session, participants will:

- understand the scope of pastoral care and be familiar with major definitions
- evaluate strengths and weaknesses of 2 or 3 models of pastoral care
- understand pastoral care within a web of relationships

By the end of the afternoon session participants will be able to:

- understand the importance of empathy and the primacy of listening in pastoral care
- consider the diverse theological, cultural, and personal backgrounds parishioners and other care seekers bring; offer supportive care through the co-creation of meaning.
- make intentional use of first, second, and third-order language to address theological and pastoral concerns.
- identify life-limiting models of communication and move towards life-giving practices.

**Format:** This whole day workshop will include a mix of presentation, group work, discussion and role play exercises.

**The workshop will be offered in person only.** The material will be presented in English; participants are welcome to ask questions and respond in either English or French. If numbers permit, small group work will be done in either English or French. Handouts will be in English.

**Required reading:** On registration you will be sent pre-reading by email.

Copies of works cited and suggested resources for further reading will be provided during the session.

### Schedule

Arrival and refreshments 08:30. Morning session begins at 09:00 and ends at 12:45. The afternoon session will begin at 13:30 and end at 17:00. Session leaders will determine the timing of breaks. Please bring your own lunch.

#### Refreshments and Lunch arrangements:

Refreshments (coffee, tea and juice) and snacks (including continental breakfast) will be provided throughout the day. Please bring your own lunch.

### To register

- Complete the registration form (attached) and send it to us as soon as possible to reserve your place.
- Fee for the day: \$40
- Instructions on methods of payment are on the registration form.

### Questions? Issues?

Contact Mark Weatherley (vice-president – [vicepresident@layreaders.org](mailto:vicepresident@layreaders.org) – 514-710-8066)

For any questions on registration or to have a receipt,  
contact Karen Birkett at [karenbirkett@sympatico.ca](mailto:karenbirkett@sympatico.ca)